



**Walk 78 – Men’s:  
5<sup>th</sup> - 8<sup>th</sup> Sept 2024**

**Venue:  
St Luke’s Retreat  
Centre, Port Elizabeth**

### **What is Emmaus?**

In Luke 24 we read of the Risen Christ appearing to two disciples who were walking from Jerusalem to Emmaus. As he explained the scriptures their hearts were warmed. Their eyes were fully opened when Jesus took bread, blessed it, and gave it to them. Filled with joy they rushed back to Jerusalem to share the news with the other disciples.

This is the backdrop to the Emmaus movement which came to South Africa in 1990 from the United Methodist Church in the USA. The movement is true to Protestant theology and is ecumenical in practice. God is using Emmaus in Southern Africa to bring reconciliation between races and renewal to Christians and their church communities.

### **The Purpose of Emmaus**

Emmaus aims to inspire, challenge and equip local church members for **Christian Action** in their homes, churches and places of work. It enables us to grow together in love, grace and servanthood as members of the **Body of Christ**.

### **What happens at Emmaus?**

The Walk to Emmaus is a 72-hour experience (Thursday evening to Sunday afternoon). The time is spent studying, discussing, worshipping and living together.

15 talks are delivered by laity and clergy and these form the basis of discussions and projects. The talks cover aspects of God’s grace and how this grace comes alive in the Christian community and is expressed in the world.

You will celebrate Holy Communion each day and

come to understand more fully the Presence of Christ in the Body of Believers. This is enhanced by the prayers and acts of love of a support community, locally and around the world.

You should come to the Emmaus Walk with a spirit of charity and open-mindedness, ready to receive whatever God has in store for you.

Come and be soaked in the wonderful agape love of Christ!

### **Time should not be an issue for you on the Walk!**

Time will be in the hands of God and the Walk leaders for these 72 hours. You will be asked to pack away your watches, cell phones, tablets, radio’s etc. (you are encouraged to leave them at home). Any regular medication times will be monitored by the Walk leaders and emergency phone calls - in or out - will be handled by the same leaders. This allows you a stress-free time of fellowship and fun together with meaningful times of meeting with our Lord.

### **What happens after Emmaus?**

One of the primary strengths of Emmaus is what happens after. Your weekend lasts three days but it is something you can build on through the rest of your life. It will help you to:

- expand your spiritual life through prayer & study.
- become more active as a disciple of Christ in the world, in the Church and in your home.

After the weekend Emmaus encourages you to participate in:

- small “reunion groups” that meet regularly, maintaining spiritual accountability.
- community gatherings for fellowship and worship.
- opportunities and training to support and participate in future Walks.

### **Who should go on Emmaus?**

Emmaus is for growing Christians who are open to experience the grace and love of God in new ways through the Christian community. More especially it is for those who will be committed to making a difference as a result of this experience.

### **Cost**

The fees for the September 2024 Walks are:  
Full Fee: R1,250  
Deposit: R450 on application  
Balance to be paid before the walk starts

### **Banking Details:**

Standard Bank  
Account Name: EMSA-PORT ELIZABETH  
Branch Code : 051001  
Account : 383 707 145  
Account Type : Savings  
Reference: *Your first name, surname and walk no*

### **Further Information:**

Contact: Russell Richards (*Community Lay Director*)  
072 111 3704  
cld@portelizabeth.emsa.org.za

### **Please note:**

The number of applicants who can be accommodated on an Emmaus Walk is limited. Therefore this form is purely an application and is not a confirmation that you will be able to attend. Your application will be prayerfully considered and you will be informed well in time of your acceptance on the weekend.

If you are accepted and have any further queries or have to cancel please contact:

Emmaus Registrar  
E-mail: registrar@portelizabeth.emsa.org.za

The form on the reverse needs to be completed by each of the following:

1. **The Applicant.**
2. **The Spiritual sponsor.** This is someone who has already attended a Walk to Emmaus and will undertake to explain the weekend as well as pray and assist in practical requirements.
3. **The Applicant’s own Minister or Pastor.** If a minister or pastor requires more details, the Emmaus Spiritual Director can be contacted – Shirmell Newman 082 779 1392

# Emmaus Application Form – 5-8 September 2024

If you would like to participate in an Emmaus weekend please complete the following details and e-mail it together with your deposit or proof of payment to:  
**registrar@portelizabeth.emsa.org.za**

First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Name you prefer to be called: \_\_\_\_\_ Applying for: \_\_\_#78 (Men's)

Address: \_\_\_\_\_

\_\_\_\_\_ Code: \_\_\_\_\_

Phone nr: \_\_\_\_\_ E-mail: \_\_\_\_\_

Date of Birth: (DD/MM/YYYY) \_\_\_\_\_

Please specify any special conditions that may affect you on the weekend? E.g. health, special diet for health reasons, medication.

\_\_\_\_\_  
Name and denomination of your home church?

While you are on the weekend there may be reason to contact someone on your behalf.  
Please let us have the names and contact details of three family members or close friends:

Name: \_\_\_\_\_ Tel: \_\_\_\_\_ E-mail: \_\_\_\_\_

Name: \_\_\_\_\_ Tel: \_\_\_\_\_ E-mail: \_\_\_\_\_

Name: \_\_\_\_\_ Tel: \_\_\_\_\_ E-mail: \_\_\_\_\_

To be completed by the applicant's **Pastor/Minister:**

Name: \_\_\_\_\_

Tel: \_\_\_\_\_

E-Mail: \_\_\_\_\_

*I support this application to participate  
on an Emmaus weekend*

Signature: \_\_\_\_\_

For further information about Emmaus please  
contact Revd Shirmell Newman - 082 779 1392

To be completed by the applicant's  
**Spiritual Sponsor:**

Name: \_\_\_\_\_

Tel: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Please indicate who is responsible for payment of  
fees: \_\_Sponsor \_\_Pilgrim \_\_Other

*I accept my commitment to support  
my applicant and have read and  
agree with the Sponsor's Checklist*

Signature: \_\_\_\_\_

## **Use of Personal Information: POPI Act:**

As per the POPI (Protection of Personal Information Act) we require your permission to send you community information and other communications. Our newsletter is not compulsory but would benefit you as it contains information about Emmaus events and prayer requests.

Emmaus confirms that your information will not be distributed or used outside the Port Elizabeth Emmaus Community environment.

Hereby, I agree that my information as registered can be used by Port Elizabeth Emmaus Community for the purpose of Emmaus communication and use.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_